

1617 Monument Avenue, Suite 202 Richmond, Virginia 23220 (804) 442-7192 www.piprva.com

Specialized Evaluations Requiring Community Funding

Parent-Child Attachment Evaluation

This full day observation and evaluation of parent-child attachment and caregiving patterns utilizes gold standard attachment evaluation tools including the Strange Situation and Circle of Security Interview for parents. These evaluations are conducted by a team of specially trained clinicians and produce a summary of the linchpin issue for each parent-child dyad and specific treatment recommendations. Videos of the parent-child interaction from this evaluation are used as a key component of the attachment-based intervention.

Multisystemic Evaluation

Individual evaluation of a parent or a child that utilizes multiple sources of information, potentially including personality, cognitive, adaptive, parenting, substance abuse screening, and academic test data as well as extensive record review and collateral contacts. The multisystemic evaluation requires an intake interview, two to three testing sessions and a feedback session. A full psychological report follows these evaluations and includes specific treatment recommendations. The multisystemic evaluation is an individual evaluation of the parent or child only and <u>does not include the parent-child relationship</u>. This evaluation is often referred to as a *Parenting Evaluation*.

Health Insurance-Funded Evaluations

Individual Child Psychological Evaluation

Individual evaluation of child for medical diagnostic clarification and treatment planning. Extent of testing is dependent on insurance authorization and typically does not cover projective, academic, or ADHD test measures, collateral contacts, or extensive record review. A brief psychological report, focusing primarily on test data and recommendations, follows these evaluations. *Please, note that a supplemental fee of \$600 per evaluation is necessary to cover record review, collateral contacts, and testing not authorized by insurance to produce a more comprehensive evaluation and report.*

To Make an Evaluation Referral

- 1. Call the PIP administrative office at 804-442-7192 to discuss a possible referral. Provide contact and brief background information.
- 2. Secure funding, if needed, through CSA or other community sources. *Please, note that multisystemic evaluations <u>are not</u> <u>covered by insurance</u>.*
- 3. The psychologist who will be conducting the evaluation will call the client directly to schedule and will be in touch with you regarding the evaluation.



What Type of Evaluation do I Need?

- Questions about the quality of parent-child relationship
- Questions about how to help parents of children with emotional regulation issues
- Questions about the impact of trauma or loss on the parent-child relationship
- Questions about rigid parent perceptions of the child, despite many intervention attempts to help
- Questions about what is getting in the way of a parent and child connecting; ex: the parent and child are highly reactive to each other or the parent and child show little enjoyment together
- Questions about how to help a child bond after separation or loss, particularly for foster and adoptive families

Referral Question

Attachment Evaluation

- Identify attachment and caregiving patterns, internal models of close family relationships and any history of trauma and loss impacting parenting
- Learn the child's pattern for signaling
 effectively and ineffectively to the parent
- Identify the factors in the child's history that affect ability to express needs to the parent
- Learn the parent's capacity to observe, reflect and respond to the child's needs
- Identify the factors in the parent's history that affect ability to understand and effectively respond to child
- Child-parent interactions are video recorded for parent to review as part of attachment intervention

- Help the parent feel understood, valued and hopeful
- Recommend services for the parent and/or child that may be needed for relationship-focused treatment to be effective
- Recommend services that are needed to help strengthen the parent and child relationship
- Identify likely response to an attachment-based intervention
- Individualized treatment recommendations to specifically shift the child-parent relationship, attachment and caregiving toward health and security

Answer

- Question is about the parent and his or her internal functioning
- Questions about intellectual functioning, adaptive capacity for tasks of daily living, memory, executive functioning, mental health diagnosis, substance abuse, history of trauma, domestic violence, or antisocial behavior
- Therapists or other professionals have questions about parenting capacity and need recommendations
- Appropriate for a parent new to the system or not previously psychologically evaluated

Referral Question

Multisystemic Parent Evaluation

- Judgment, memory, impulse control, frustration tolerance, decision-making and other executive functioning capacities that influence parenting
- Social-emotional functioning and mental health diagnosis impact on parenting
- · Cognitive ability and impact on parenting
- Knowledge of child development and the specific needs of their child
- Psychological strengths and vulnerabilities including substance use, history of violence, unstable or abusive relationships, and unresolved trauma or loss risk factors
- Adaptive functioning and ability to manage tasks of daily living including caring for a child

Recommend multisystemic services needed to stabilize and treat a parent based on his or her bio-psychosocial-emotional functioning, special attention to parenting impairment

 Recommendations include prognosis for treatment response and suggestions for engaging the parent

Answer

